June 12, 2003

MDR #: M2-03-0638-01-SS

IRO Certificate No.: 5055

In accordance with the requirement for TWCC to randomly assign cases to IROs, TWCC assigned your case to \_\_\_\_ for an independent review. \_\_\_\_ has performed an independent review of the medical records to determine medical necessity. In performing this review, reviewed relevant medical records, any documents provided by the parties referenced above, and any documentation and written information submitted in support of the dispute.

The independent review was performed by a matched peer with the treating health care provider. Your case was reviewed by a physician who is Board Certified in Orthopedic and Spine Surgery.

## **Brief Clinical History**:

This 34-year-old female was injured on her job on \_\_\_\_. She underwent significant conservative therapy, including physical therapy and epidural steroid injections. After this was finished, she underwent a discogram that showed concordant pain at L4-5 and L5-S1.

## **Disputed Services:**

Two-level L-4 through S-1 lumbar fusion.

#### Decision:

The reviewer disagrees with the determination of the insurance carrier. The reviewer is of the opinion that lumbar fusion is medically necessary in this case.

### Rationale for Decision:

The patient has undergone good conservative therapy, including epidural steroid injection, and has a well-done discogram that shows concordant pain at the bottom two levels. She clearly meets surgical indications. She has undergone a standard, well-accepted workup for discogenic low back pain and degenerative disc disease in the low back. The discogram correlates with the MRI findings and pathology. She is a good candidate for fusion surgery of the lumbar spine.

I am the Secretary and General Counsel of \_\_\_\_ and I certify that the reviewing physician in this case has certified to our organization that there are no known conflicts of interest that exist between him and any of the treating physicians or other health care providers or any of the physicians or other health care providers who reviewed this care for determination prior to referral to the Independent Review Organization.

We are simultaneously forwarding copies of this report to the payor and the Texas Workers' Compensation Commission. This decision by \_\_\_\_ is deemed to be a Commission decision and order.

# YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of this decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within ten (10) days of your receipt of this decision (28 Tex. Admin. Code 142.5©).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within twenty (20) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This Decision is deemed received by you **five (5) days** after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5 (d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings Texas Workers' Compensation Commission P.O. Box 40669 Austin, TX 78704-0012

A copy of this decision should be attached to the request. The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute.

I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on June 12, 2003

Sincerely,